

## **Welcome to Cumbria Squash and Racketball**

Cumbria Squash & Racketball (CSR) objectives are to advance the sports of squash & racketball for boys, girls, men and women players by providing a wide range of competitions and technical and administrative services. It also safeguards the interests of the sports and maintains the rules of England Squash & Racketball (ESR). Membership is open, and is not unreasonably restricted on the grounds of age, sex, race or political, religious or other opinions, to persons who are prepared to accept and support the objectives and rules of the organisation

A brief history of the organisation is:

Cumbria Squash Rackets Association (CSRA) started as a men`s organisation from a very small beginning in 1969 when four clubs decided to re-form an earlier organisation - Cumberland and Westmorland Squash Rackets Association. They were Carlisle SRC, Windscale SRC, St Bees SRC and Workington Iron & Steel Company SRC. Very little information is available on that earlier organisation, pre 1969, but I believe it was formed in 1966.

When the UK Government formed the new NW England administrative area of Cumbria (that combined Cumberland, Westmorland and the Furness District of Lancashire) in 1974 the organisation`s name was changed to Cumbria Squash Rackets Association (CSRA) – still only a men`s organisation

In 1976 a women`s organisation was formed, Cumbria Women`s Squash Rackets Association (CWSRA), that ran alongside and in close liaison with CSRA

In 1990 as the result of a directive from the Squash Rackets Association CSRA & CWSRA combined into a single organisation – for men & women - with the name Cumbria Squash Rackets Association.

In 1995 a comprehensive review of the way the organisation was managed, both organisationally and administratively, was carried out by the Executive Committee and club representatives to improve its efficiency and effectiveness. This resulted in the introduction of a new comprehensive infrastructure that is still the basis for the way we operate - this website gives all details.

In 2011 the name was changed to Cumbria Squash and Racketball (CSR), the current name of the organisation, to introduce Racketball into it and keep it in line with the governing body that had changed its name to England Squash & Racketball.

I hope that you enjoy our website and find it interesting and informative

Yours sincerely

**Tom Armstrong**

**Chairman**